



Intimate Partner Violence is Everyone's Business

Intimate Partner Violence (IPV) affects all of us. It impacts all aspects of our community including health, crime rates, the ability to participate in the workforce, child development, and family dynamics.

It's time to start talking! Overcome your hesitation to help

- You feel it's none of your business → It could be a matter of life and death
- You don't know what to say → Saying you care and are concerned is a good place to start
- You might make things worse → Doing nothing could make things worse
- You believe if they wanted help, they would ask for it → They may be too ashamed and afraid to ask for help
- You think it's a private matter → It isn't when someone is being hurt

It is estimated that each year in Canada, IPV results in:

\$487 million in lost wages

\$872 million in costs to the criminal justice system

\$408 million in costs to the health care system

\$6.9 billion **approximate yearly economic impact of IPV**

Have a 'SNC it' conversation:

See it

Pay attention when your 'gut' tells you something is NOT right. Recognize the warning signs of abuse.

Name it

"I am concerned about you." Name the warning signs you have seen. Overcome your hesitation to help. Do NOT jump to conclusions.

Check it

Ask questions. "Are you ok?" "Do you want to talk?"

Remember:

- Don't ignore the abuse
- Don't make assumptions
- Be prepared with resources (phone numbers of shelters, counselling services etc.)
- Let them know you believe them
- Don't get frustrated if they deny the abuse
- Let them know you will be there when they are ready to talk

To find more information on the signs of abuse and what you can do if you suspect someone you know is being abused, visit:

pathssk.org

neighboursfriendsandfamilies.ca



Contact Us:



(306)522-3515



paths.research@sasktel.net



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